

FOOD SUPPORT IN WEST END AND SOUTH BRISBANE

Monday

7am - 3pm: Hope on Boundary cafe - frozen take-home meals.

7am - 3pm: Emmanuel City Mission (NB: ECM is closed on the first Monday of every month). ♦♦

9am - 11am: West End Community House - tea, coffee, hot meals and pantry items. ♥

4:30 - 6pm: Amy MacMahon and Max Chandler-Mather's community barbecue @ Kurilpa Point Park.

Tuesday

7am - 3pm: Hope on Boundary - frozen take-home meals.

7am - 3pm: Emmanuel City Mission. ♦♦

9am - 11am: West End Community House - tea, coffee, hot meals and pantry items. ♥

11am-1pm: West End Uniting Church - lunch with tea and coffee.

5:30 - 6:30pm: Brothers In Need - hot food drop off @ Musgrave Park, Boundary St & Bunyapa (piano) park.

7pm - 9pm: Rosie's - tea, coffee, biscuits @ gates of Musgrave Park on Russell St.

7pm - 9pm: Orange Sky @ gates of Musgrave park on Russell St. ♦♦

Wednesday

7am - 3pm: Hope on Boundary cafe - frozen take-home meals.

7am - 3pm: Emmanuel City Mission. ♦♦

9am - 11am: West End Community House - tea, coffee, hot meals and pantry items. ♥

9am - 11am: West End Community House - OzHarvest grocery market. ♥

2pm - 4pm: Orange Sky @ Bunyapa (piano) park - washing machines only ♦

3pm: Community Friends - groceries, meals, bbq @ Bunyapa (piano) park. (Arrive early to line up).

6:30pm - 8pm: CUDL Barbecue and hot drinks @ Bunyapa (piano) park. ♥

Thursday

7am - 3pm: Hope on Boundary cafe - frozen take-home meals.

7am - 3pm: Emmanuel City Mission. ♦♦

7am - 8am: West End Community House - hot BBQ breakfast. ♥

9am - 11am: West End Community House - tea, coffee, hot meals and pantry items. ♥

6:30 - 8pm: Merciful Servants hot food drop @ gates of Musgrave Park on Russell St.

7pm - 9pm: Rosie's - tea, coffee, biscuits @ gates of Musgrave Park on Russell St.

7pm - 9pm: Orange Sky and Four Voices @ gates of Musgrave park on Russell St. ♦♦

Friday

7am - 3pm: Hope on Boundary cafe - frozen take-home meals.

7am - 3pm: Emmanuel City Mission. ♦♦

9am - 11am: West End Community House - tea, coffee, hot meals and pantry items. ♥

1pm: Hope on Boundary - community lunch.

6:30pm - 8pm: Food Not Bombs - hot meals @ Bunyapa Park.

Saturday

7:30 - 12pm: Hope on Boundary cafe - frozen take-home meals.

9am - 1pm: Emmanuel City Mission. ♦♦

4:30-5pm: Dig In - Hot meals @ Bunyapa (piano) Park.

5:30 - 6:30: Brothers In Need - hot meal drop off @ Musgrave Park.

Sunday

9am - 1pm: Emmanuel City Mission. ♦♦

5:30pm: BBQ @ Bunyapa (piano) Park.

6pm: CUDL hot meals, tea and coffee @ gates of Musgrave Park on Russell St. ♥

6pm - 8pm: Orange Sky @ gates of Musgrave Park on Russell St. ♦♦

**The community fridge and pantry are accessible 24/7 at West End Community House
4 Norfolk Rd, South Brisbane.**

♥ = safe space ♦ = washing machines ♦ = showers

LOCAL SUPPORT SERVICES

Medical (bulk billing and free services)

Inclusive Health - 15 Hope St, South Brisbane. 3013 6050. GPs, a dental service and other health treatments available.

Dr Juergen Landmann - 19 Merivale St, South Brisbane. Every Friday at ECM, no appointment required.

Montague Rd 7 Day Medical Centre - 359 Montague Rd, West End. 3013 5999.

Legal

Caxton Legal - 1 Manning St, South Brisbane. 3214 6333. Free legal advice and social workers.

West End Police - 38 Vulture St, West End. 3840 9100.

Housing

Buranda Housing Service Centre - 221 Logan Rd, Woolloongabba. 3873 7700.

Micah Projects - 162 Boundary St, West End. 3036 4444.

Drop in centres

West End Community House - 4 Norfolk Rd, South Brisbane. 3217 2333. 9 - 11am.

Emmanuel City Mission - 19 Merivale St, South Brisbane. 0468 393 136.

Advocacy

Amy MacMahon, Member of Parliament for South Brisbane - 90 Vulture St West End. 3274 9100.

Trina Massey, Councillor for The Gabba ward - 63 Annerley Rd, Woolloongabba. 3403 2165.

Feeding 4101 - South Brisbane. 0435 849 700.

Support and referrals

West End Community House - 4 Norfolk Rd, South Brisbane. 3217 2333. Phone and computer access, community wardrobe/clothing, food, social activities, support and referrals. Open 9-11am Monday - Friday.

Mental Health

Warm line - 3343 9282. Phone based peer support line.

*** If you are in crisis, please call Lifeline on 131114 or contact Queensland Ambulance on 000 ***

*** In an emergency, call 000 for police, fire or ambulance. ***

In the event that you are being moved on or your tent or belongings removed by Brisbane City Council or police, please contact:

Amy MacMahon, Member of Parliament for South Brisbane - 3274 9100.

Trina Massey, Councillor for The Gabba ward - 3403 2165.

Feeding 4101 - 0435 849 700.